

Women's and Men's Health Physical Therapy Residency

The Physical Therapy Residency program is a collaboration between Ohio University's College of Health Sciences and Professions and OhioHealth to offer a women's and men's health residency for licensed physical therapists. This partnership brings together the strengths of both organizations to create a high-quality residency program. The program is designed to advance the clinical and scientific knowledge, clinical skills, clinical research skills and teaching effectiveness of physical therapists.



A partnership designed to improve patient care through enriching and advancing the careers of physical therapists. ASPIRE to be great!





Ohio University Division of Physical Therapy

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OhioHealth offers strong and varied clinical experiences with advanced clinical mentoring by physical therapists and physicians, while the Ohio University **Division of Physical** Therapy offers exceptional learning experiences through coursework, advanced clinical and teaching mentorship, and research opportunities. The specific advantages of this partnership are to improve patient care, and to enhance and build the careers of physical therapists.

The resident will be an employee of OhioHealth and will earn 80 percent salary commensurate with experience. Benefits typical of an OhioHealth associate are provided by OhioHealth.



Didactic Experience

Didactic education will occur throughout the program at both OhioHealth and Ohio University. The resident will regularly participate in a journal club with the topics related to areas being addressed in each module. The modules will include: underactive pelvic floor, female incontinence, SUI/OAB, pelvic organ prolapse, pregnancy/post-partum PT. The resident will also take CAPP2, CAPP3 and OBF/OBA as required coursework for completion of the residency. Additional areas of focus will include male and female incontinence as well as neurologic incontinence, overactive pelvic floor including pelvic pain, colorectal, oncology and bone health physical therapy. Course time will also be spent onsite at OhioHealth facilities, Ohio University and online. These courses will be provided by faculty at Ohio University Division of Physical Therapy, OhioHealth physical therapists and physicians, and other healthcare providers. During a portion of the curriculum, the resident will be introduced to teaching pedagogy by assisting in entry-level physical therapy instruction at Ohio University's Division of Physical Therapy Program. Didactic experiences will incorporate various learning strategies but all modules will have clinical laboratory experiences. Independent study will further supplement the resident's didactic learning experience.

Clinical Experience

Each resident will participate in 32 hours/week of patient care with a minimum of three hours a each week designated for one-on-one mentoring with an assigned mentor. Additionally, residents will have the opportunity to observe and learn from other designated therapists and healthcare providers during each learning module. Surgical observations as well as observation in OhioHealth specialty clinics will also be available.